



The Purposeful Wardrobe **WORKBOOK**

**Creating a small, effective wardrobe that
brings you joy and eliminates stress in
easy to follow steps**

since ♥ 2011
nelliebellie
happy living

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1 In this Section, you will:

- IV. Decide if a Purposeful Wardrobe is for you
- V. Plan for your needs
- VI. Evaluate your current closet
- VII. Shop!
- VIII. Organize for best results

Is it for you?

Is it for you?

I totally understand the temptation to jump right in and skip to the part that you have been wanting to get to most, but the goal of this workbook isn't to teach that one thing (that would be a tutorial). Instead, it is meant to set you up with what you need to master a purposeful wardrobe so that you can free up your mornings, spend less money and energy on clothing, and look the best you've ever looked!

I believe there are 3 main reasons that a Purposeful Wardrobe is so powerful:

- I. The Practicality of Simple: If you have only beautiful, well-fitting pieces to choose from that all match and look good together it only makes sense that you will spend less energy trying to put together an outfit each day that makes you look and feel great.
- II. The Financial Benefits: Even though I spend more money on each item to buy my favorite brand or well-fitting piece I save oodles of money each year by shopping less. I no longer use shopping as a past-time. I no longer buy items that can only be worn with specific other pieces. The bottom line is that a Purposeful Wardrobe, when implemented well, can save your bottom line!
- III. The Confidence gained: When you are buying clothing pieces you love, that fit well, and are well thought through you can't help but feel your best. This reason alone makes a Purposeful Wardrobe well worth the trouble.

In order to gain these 3 benefits, you have to work through each step and commit to them. Let's take a look at what each steps are and see if we can get on the road to a Purposeful Wardrobe that creates simplicity, confidence, and saves us money!

“Your closet needs to a place
of joy &

celebration

of who you are now-not who
you were” Stacy London

#purposefulwardrobe

Plan for your needs

Items

How many times do you wear these?

- ◆ Activewear
- ◆ Formalwear
- ◆ Casualwear
- ◆ Going out/date
- ◆ Outerwear
- ◆ Other

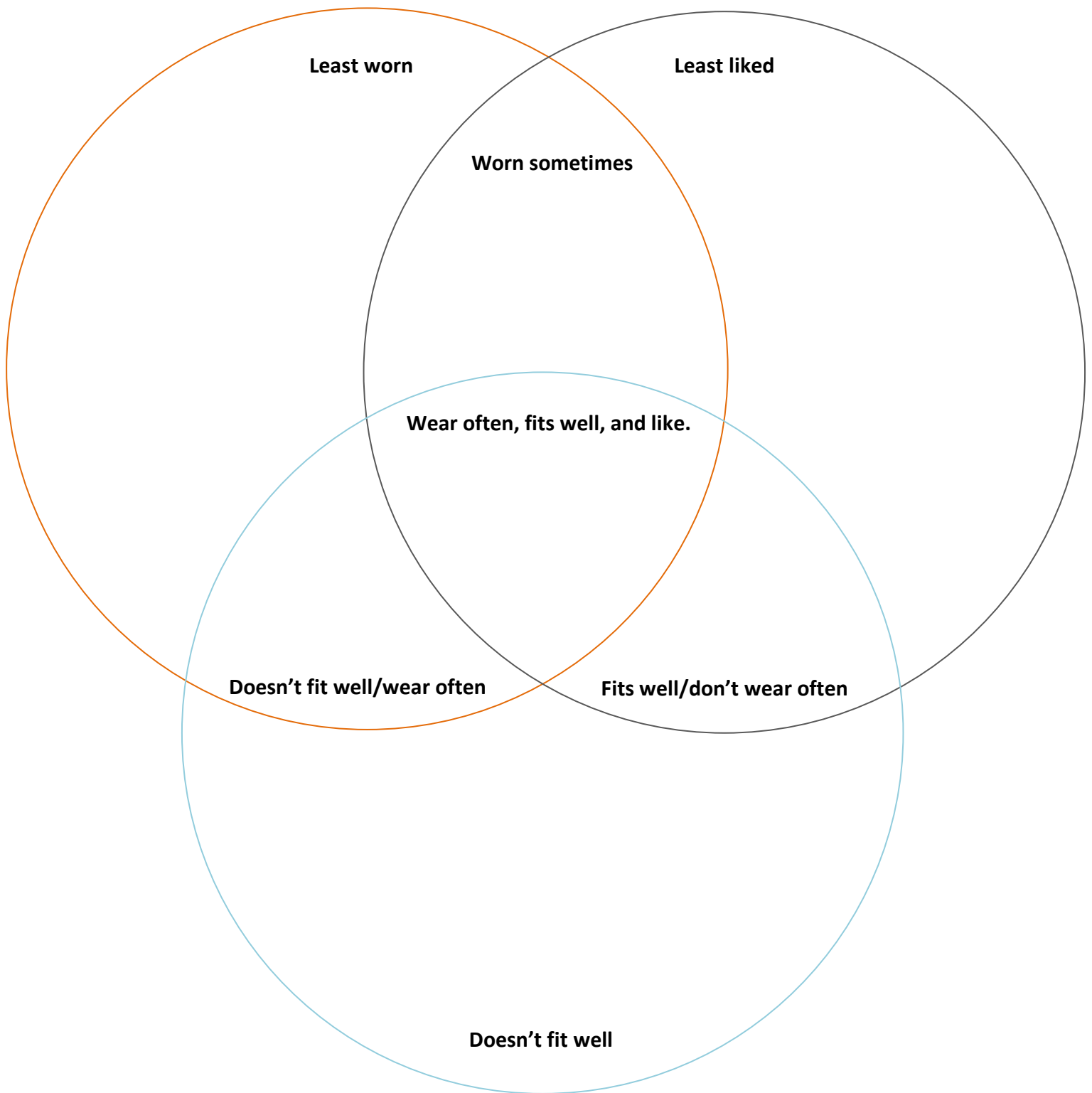


After thinking through how often you wear each of the above items which items would you need to have the most of and which would have the least?

List each kinds of clothing you need and how many days a week you wear them.

Evaluate

Head into your closet and place each piece of clothing into its spot in the following diagram. If you don't feel like entering an item it probably means you can get rid of it immediately. **Be honest!** Then set those items aside in a corner you won't see.



Shop

Identify the main types of clothing you wear on a regular basis. Not the kind of clothing you would like to wear but what you actually wear. Be honest

SHOPPING PLAN

4 Colors to choose from

Brands/stores you love

Fits to avoid

Fabrics to avoid

Sizes

Other

Shop

Shopping with purpose

I hope that before you head out to add even MORE clothing to your life that you have shopped your closet and utilized what you already have, first. Whenever you head out to shop for your wardrobe I want you to keep a few things in mind:

- ◆ **Color.** It is incredibly helpful to limit the colors in your wardrobe to only about 4 or 5 basic colors. This is helpful for matching clothing together, eliminating stress when dressing, and helping beat overwhelm when shopping.
- ◆ **Brands/Stores.** Stick with the brands and stores you repeatedly find things you love. No apologies for not shopping sales. Find what you love, bring it home, and be done shopping. The end.
- ◆ **Fit reigns supreme!** Do NOT buy anything that doesn't fit absolutely fantastic. Nothing. If that means you are limited to only a few brands and must pay more money, so be it. Buy only a few items that fit perfectly than many items that don't.
- ◆ **Fabric.** Many of us prefer fabrics for washing, for the way they fit, for the way they feel, or whatever may be the case. Stick with those fabrics and only those. The only exception is for those people that currently prefer hard to care for fabrics. To simplify your life, try to find other easy-care fabrics to love.

The object of a purposeful wardrobe is to reduce shopping, the size of your wardrobe, and how much energy you spend thinking about clothing. This step can be the demise of many women meaning to simplify. They simply use this step as an excuse to shop more. Please don't be that person! Shop only when necessary to keep your wardrobe functioning in a way that frees your mornings and adds to your life.

Thoughts & Ideas

Shop



- 8-10 tops that layer and match each other. I prefer t-shirts, tanks, and cardigans.
- 3-5 pairs of pants. A couple pairs of jeans, a colored pant, and a dress pant. All match able.
- 2 dresses and skirts that could be layered upon.
- 1-2 pairs of flats in basic patterns and colors (yes, leopard IS a basic ☺)
- 2 pairs of great, classic heels. Black and nude are my faves.
- 2 pairs of boots. 1 is a high boot and 1 is a bootie. Brown leather is always a winner!
- Several scarves, belts, bags, and pieces of jewelry that change up the look of each of these.

P.S... Organize

An often overlooked piece of creating a stream-lined, effective wardrobe is organization. And the importance of it.

- Take the extra time to put the clothing you don't plan to keep in your wardrobe into a bin and stashed away out of sight.
- Use organizers, pretty hangers, or anything that will make your closet feel clean, organized, and pretty.
- Line up your shoes, use a shoe organizer, or put up a shelf and display your favorites.
- Stack your t-shirts and sweaters upright so you can see them when you open your drawer.
- Organize your closet by outfit. Put all the pieces of an outfit together and hang it in your closet. You will get dressed that much faster!
- Wine boxes and holders make great shoe organizers
- Store out of season clothing.

What do you need to get organized to make your closet work for you?
Make a plan:

About the Author

Meet Janel



Hey there! My name is Janel Hutton and I am ALL ABOUT teaching busy moms how to SLOW THE HECK DOWN and find joy in their daily schedules!

I'm on a mission to lead a purposeful, joyful life even amongst the chaos that being the oldest of 10, a business owner, owner of 2 teenagers, wife, and home owner can bring. A busy life is no excuse for not valuing my life and squeezing out every drop of joy I can.

If you are finding yourself on a chaotic hamster wheel of life, always looking for a breath, a bit of reprieve from the chaos, and more meaningful relationships...we are already friends. Join the NellieBellie community so we can help each other out! I'll give you all the resources that I've learned along my 38 years of a chaotic life. Whoops, 39.